



We exist to introduce people to Jesus Christ and strengthen lives through Him!

# Staff

Rev. Domingos Fernando, Lead Pastor

Mike Nelson, Youth Pastor

Melanie Passarella, Administrative Assistant

Kurt Schaefer, Sr, Treasurer

Lynda Stine, Financial Secretary

# Worship

10:00 am in-person Worship, and live-streamed on YouTube

## **Contact Info**

<u>Norwood UMC</u> / 610-532-0982 315 Chester Pike, Norwood, PA 19074-1401

Office Hours: Mon – Fri 10am – 2pm

Click on icon links



Eastern PA Conference of the United Methodist Church

# NUMC NEWSLETTER

# MAY 2024

The Pastor's Pen

<sup>9</sup>You care for the land and water it; you enrich it abundantly.
The streams of God are filled with water to provide the people with grain, for so you have ordained it.<sup>[d]</sup>
<sup>10</sup>You drench its furrows and level its ridges; you soften it with showers and bless its crops.
<sup>11</sup>You crown the year with your bounty, and your carts overflow with abundance.

Psalm 65:9-11, (NIV).

Dear Norwood Family,

As we live a time of General Conference of the United Methodist Church and discuss the future of our Church's life and the new month of May, it's a time for reflection, renewal, and hope. "As May blooms with new life and fresh beginnings, let's remember that each day is a gift from God, filled with opportunities for growth and blessings. Just as flowers need nurturing to blossom, our faith too requires care and attention. May this month be a time of renewal, where we water our souls with prayer, cultivate our hearts with gratitude, and bask in the light of God's love. Let's embrace each day with hope, knowing that God is with us, guiding us through every season of life. May your May be filled with joy, peace, and the abundant grace of our Lord."



## Blessings,

Pastor Domingos Francisco Fernando

#### Blue underlined text is a link to SAFE websites / forms. Click & explore!

"I sought the Lord, and He delivered me, and delivered me from all my fears∙" Psalm 34:4



#### **Ongoing Prayer Needs**

All those affected by
violence & war, and for
peace between world
governments
Russell & Bethany Alexander
Bob Arrants
Joe Bradford
Brooke & Natalie (Maggie
McCans)
Jim Chambers (Sally Vickers)
Jerry & Barbara Chreiman
Michael Fletcher (Lynn
Seidel)
Bill Gibbs
Joan Glisson (Anna Glisson)
Tommy Glisson
Eugene Holt (John Venafra)
Marla Hsu (Anna Glisson)
John & Terri Jones
Miriam Martin

Carol Luther Lauria (Sally Vickers) Gary Leranian (Madeline Deane) **Eleanor Luther** Janice MacBride Susan Markow (John Jones) Mary (Gina Dukes) Liz Murray (Lynn Seidel) Rev. Bill Neff Donna Riegel Ruth Schenkenberger Sandra Shanahan Bernie, Bobbie & Katie Shimkus (Laura Welch) Sue (Mary Thompson) Michael Tate Jacob Tercha (Bobbi Blum) Joan Touhill (Lynn Seidel) Toya (Gina Dukes) Tina Kadri (Judy Arrants) Robin Kim Jamie King (Lynda Stine

If you have requested a Loved One be added to the On-Going Prayer list, please inform the church of any updates.

#### **Current Prayer Needs**

	•
Bob Moyer	John Venafra
Bill Shanahan	Karen Moore
Bob	Karl Schaefer
Bob Nelson family	Marla Hsu
Bobbie Blum	Maryanne
Bobby Steiger	military
Dianna Brice family	Norman Passarella
Dottie	Paul
everyone	Pauline
Frank	Richard Haycock family
Grandmother	Sally Vickers
Jim McKay	Scott Wisner

#### **Residing in Retirement Care & Nursing Homes**

Lee Estes	4	
Eleanor Luther	4	
Gary Thompson	6	
Garrett Thompson	14	CELEBRATE
Bill Hutchinson Jr		
Jim Miles		MAY
Terri Boorse		And the second s
Jerry Chreiman	30	BIRTHDAYS!
Logan Greer		
Clare Gorbey		

#### LITTLE BLESSINGS NEW PROGRAM! / TerraCycle.com



Save these Entenmann labels (bags) and Dunkin coffee bags send them into school.



We'll receive \$\$\$ back, and we're helping the earth!!! ~ Thank you



<u>COMMUNITY EVENT NIGHT</u> Sunday April 14!

5:30p Dinner 6:30p Event TBA contact Jim Vickers at jimsallyvickers@verizon.net



What would you like to see happen for our church anniversary? Leave your comments in suggestion box or email us! We'll be sure to take into consideration!

# PARENTS' CORNER



#### KIDS DON'T LISTEN? STOP TALKING AND START ACTING

#### Posted on 01 Feb in <u>Heart Work</u> by <u>scott turansky 2</u> <u>Comments</u> <u>3Likes</u>

Every parent has an action point. An action point is the point when you stop talking and start acting, or the point when children know you mean business. How do they know? You give them cues, and your children know what those cues are. If you repeat the same request over and over again, how does your child know when you really mean it? Think back on your own childhood. How did you know when your dad or mom meant business? Maybe they used your middle name or started moving toward the kitchen where that special utensil was kept. They might have gotten out of the chair or started moving toward you or given you that look. The point is, you knew.

ACTION POINTS DIFFER AMONG ADULTS Dads have a different action point than moms. The teacher at school and the babysitter each have an action point and the way children respond is often determined by the cues those leaders give to kids. Unfortunately, many parents use anger as the cue that tells their children it's time to get moving. Although it may work in the short run, the harshness has negative side effects. An important skill in parenting is to communicate your action point without anger, since anger with kids may seem justified but is rarely wise. You might be saying, "But my kids won't obey unless I get angry." And you're probably right, but only because you've taught your children to wait until you're angry before they have to respond. Your cue is anger and your kids know it. If you find that you're relying on anger to motivate your children, then it's time to make a change. What signals do you want to use to indicate that it's time to clean up, or it's time to go? You might say, "Karyn, please turn off the TV now." The child's name and

the word "now" can become the cues that the next thing you do is follow through and take action. Or you might preface what you're going to say with the words, "Karyn, this is an instruction. Look at my eyes."

EXPLAIN THE CHANGE YOU'RE GOING TO MAKE When you're ready to make the change, talk with your children. Explain that you have been unwise in teaching them to wait until you get angry before they start obeying. From now on you are going to tell them once, then comes your action. If your child doesn't respond to the new cues then move right to a Break or a consequence. Be careful of multiple warnings or counting to three as these tactics can weaken the instruction process. One warning may be helpful to make sure the child has understood the instruction but then the next step should be to follow through. If you tighten your action point you'll get angry less often and your children will respond more quickly. Many parents are afraid of becoming a sergeant, ordering their children around and expecting instant obedience, and though it is important to balance firmness with relationship, they become so relational that their instructions sound more like suggestions, ideas, or opinions. Or, they believe they have to talk their child into wanting to obey. Many children in those homes, then, can't seem to follow even the simplest instructions without a dialogue. If this pattern continues then these children tend to make poor employees, develop selfish attitudes about following someone else's leadership, and have a difficult time in relationships because they haven't learned how to sacrifice their own agenda for others.

SOMETIMES YOU HAVE TO STOP THE DIALOGUE Explaining reasons behind instructions can be valuable at times, but even as adults, sometimes we must obey first and then understand later. God asked Abraham to sacrifice his son without full understanding and then considered it faith when he obeyed. (Genesis 22:1-2) Peter didn't know why he was to go to Cornelius' house but went anyway only to discover that God wanted to bring salvation to the Gentiles. (Acts 10) Philip was asked to leave a revival in Samaria and go out into the wilderness, not knowing why, but when he got there he led an Ethiopian man to Christ. (Acts 8:26-40) TARGETING MORNING TIMES TO PRACTICE A common problem parents experience is keeping kids moving in the morning. One mom recounted her new morning plan that she shared with her kids. "I've been doing a lot of yelling and nagging in the morning and I don't want to do that anymore. So here's the plan. We're going to have checkpoints each morning. At 7:15 am you need to be down for breakfast, all dressed with shoes on, and your bed made. By 7:50 am you need to have completed your chores and have combed your hair. Those are the checkpoints. "I'm doing this to help you manage yourselves each morning. You're old enough to do that instead of relying on me to keep you going. You'll feel better about the morning and this plan will reduce the tension we usually experience. "To help you be motivated to meet these checkpoints, I want you to know that if you miss one checkpoint in a morning you'll have to go to bed a half hour earlier that evening, since you must need more sleep in order to get up and get yourself ready." They ended the meeting positively as the children felt in control and eager to manage themselves the next morning. Mom's plan took some extra effort and work to enforce and keep on track but in the end the morning routines went more smoothly. Her children were successful at getting ready and Mom didn't have to nag or be harsh. Mom replaced yelling and nagging with firmness. The checkpoints helped define her action point and the children understood the new guidelines.

#### GETTING THE BIGGER PICTURE

Responding more quickly to parents has spiritual ramifications as well. It's always best to respond to the whispers of the Holy Spirit in our hearts. But when we don't listen, God may have to use other ways to get our attention. There's no better time than now for children to learn this valuable lesson about life. Listen to Dr Turansky's podcast on Tightening Your Action

#### Point: www.facebook.com/watch/?v=23933237909 85282

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# **Bible Classes for Children and Adults**

Adult Bible class - 9:00-9:45 am:

The Cornerstone Bible class meets in the Chapel Children's Bible classes - 10:00-11:00 am

For parents attending 10am worship service, we offer two children's classes:

Little Sprouts Bible Time / ages 0 -5 yrs; and Bible Bunch for Kids / ages 6-12 yrs

The children's classes meet during worship service. Children will be dismissed from the Sanctuary with their teachers for a Bible lesson.

Please note that the children's Bible classes will **not** meet on the first Sundays of the month (1/7, 2/4/, 3/3, 4/7, and 5/5). ~ NUMC Commission on Education



We will have the Men's Breakfast *Saturday, May 4 at 8:00 am.* We meet on the 1<sup>st</sup> Saturday of the month, October to

May. It is a time for fellowship and to build a relationship with one another. Please join us. Contact Bob Gibbs <u>rwgibbs@comcast.net</u>

The Women's Breakfast is *Saturday, May 11 at 8:30 am*. Faith-building friendship, fun, food, and fellowship. We meet



on the 2<sup>nd</sup> Saturday of the month, October to May contact Sally Vickers 610-565-0924 or JimSallyVickers@verizon.net.



#### Handy Hands

Do you like to knit, crochet or do other types of hand work? If so, please join us *Monday May 20 at 1:00 pm* in the Parlor. Questions?

Please contact Lynn Crump, Randy Gibbs, or Lynda Stine.

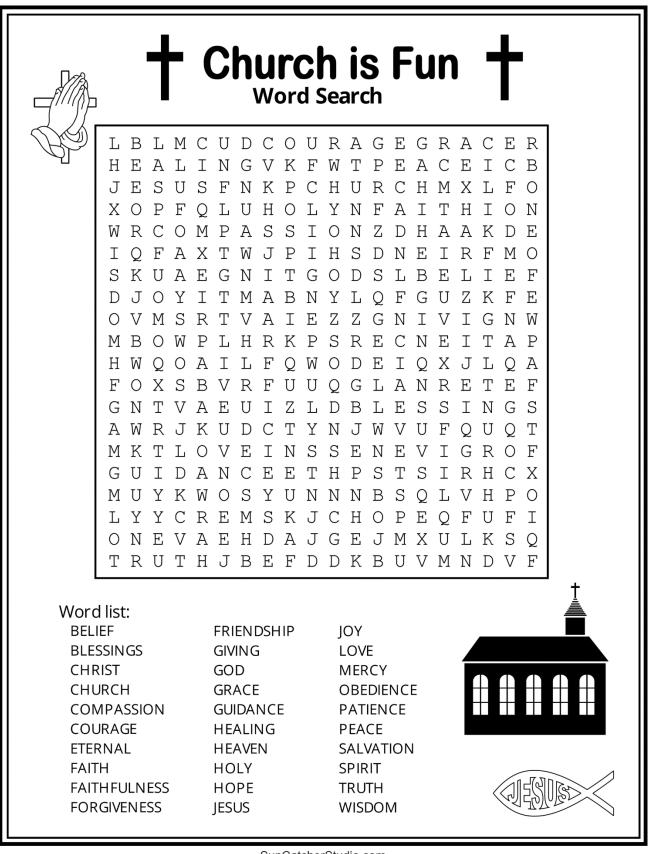
Date	Ushers				
5-May	Lynda Stein	Bill Shanahan			
12-May	Bill Fisher	Kurt Schaefer			
19-May	Bob Gibbs	Jim Vickers			
	Holly				
26-May	Goldsborough	Carol Hammes			



Children's Bible Classes Schedule					
Date	Little Sprouts	Bible Bunch			
	SSV= Safe Sanctuary Volunteer				
5-					
May	NO CLASS	NO CLASS			
	Teacher:	Teacher: Sally Vickers			
12-	Rochelle Amadio	SSV: Carol Hammes			
May	SSV: Randy Gibbs				
	Teacher:	Teacher: Lynn Crump			
19-	Rochelle Amadio	SSV: Holly			
May	SSV: Mike Nelson	Goldsbororugh			
26-	NO CLASS	Teacher: Sally Vickers			
May		SSV: Cindy Tuttle			



"He stops you from talking. He's a husher."



SunCatcherStudio.com

# May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 CHRISTIAN HOME MONTH 7:30pm N.A.	2 National Day of Prayer 7:00pm Nar-Anon	3 6:00pm Youth Group 10:00pm N.A.	4 8:00am Men's Breakfast
5 Holy Communion 9:00am Adult Bible Class 10:00am Children's Bible Classes 10:00am Worship 11:00am Private Event	6 Pastor's Day Off 7:00pm SPRC mtg	7 7:00pm Worship mtg	8 7:30pm N.A.	9 Ascension Day 7:00pm Nar-Anon	10 6:00pm Youth Group 10:00pm N.A.	11 8:30am Women's Breakfast
12 Ascension Sunday Mother's Day Newsletter Deadline 9:00am Adult Bible Class 10:00am Children's Bible Classes 10:00am Worship	13 Pastor's Day Off	14 7:00pm Church Council mtg	15 7:00pm Trustees mtg 7:30pm N.A.	16 7:00pm Nar-Anon	17 6:00pm Youth Group 10:00pm N.A.	18
19 Heritage Sunday Pentecost 9:00am Adult Bible Class 10:00am Children's Bible Classes 10:00am Worship 5:30pm Community Event Night	20 Pastor's Day Off 1:00pm Handy Hands 7:15pm Board Meeting	21	22 7:30pm N.A.	23 7:00pm Nar-Anon	24 6:00pm Youth Group 10:00pm N.A.	25
26 Peace with Justice Sunday (special offering) Trinity Sunday 9:00am Adult Bible Class 10:00am Children's Bible Classes 10:00am Worship	27 Memorial Day Office Closed Pastor's Day Off	28	29 7:30pm N.A.	30 7:00pm Nar-Anon	31 6:00pm Youth Group 10:00pm N.A.	