



We exist to introduce people to Jesus Christ and strengthen lives through Him!

Staff

[Rev. Domingos Fernando](#), Lead Pastor

[Mike Nelson](#), Youth Pastor

[Melanie Passarella](#), Administrative Assistant

[Kurt Schaefer, Sr](#), Treasurer

[Lynda Stine](#), Financial Secretary

Worship

10:00 am in-person Worship,
and live-streamed on YouTube

Contact Info

[Norwood UMC](#) / 610-532-0982
315 Chester Pike, Norwood, PA 19074-1401

Office Hours: Mon – Fri 10am – 2pm

Click on icon links



[Eastern PA Conference of the
United Methodist Church](#)



**5 It is for freedom that Christ has set us free.
Stand firm, then,
and do not let yourselves be burdened again by a yoke
of slavery.
Galatians 5:1**

Dear Norwood United Methodist Community,

Greetings in the name of our Lord Jesus Christ!

I hope this finds you and the families well!

Please note that as we step into the month of July, let's take a moment to reflect on the boundless grace and love of our Heavenly Father. In the hustle and bustle of summer activities, it's easy to get caught up in our own plans and forget to pause and appreciate the blessings God has bestowed upon us. In Psalm 46:10, we are reminded to "Be still, and know that I am God." This simple yet profound command encourages us to find moments of stillness amidst our busy lives. It's in these moments of quiet reflection that we can truly feel God's presence and hear His voice guiding us. Let July be a month where we intentionally carve out time to deepen our relationship with God. Whether it's through prayer, reading Scripture, or simply sitting in silence and contemplating His goodness, let's commit to growing closer to Him.

Remember the words of Isaiah 40:31: "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." As we place our hope and trust in the Lord, He promises to renew our strength. No matter what challenges or trials we face, we can find assurance in His unwavering support and love. Let's also take this time to encourage and uplift one another within our community. Hebrews 10:24-25 urges us to "consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another and all the more as you see the Day approaching."

In this spirit, reach out to someone in need of encouragement, offer a helping hand, or simply be a listening ear. By doing so, we reflect Christ's love and build a stronger, more supportive community. May July be a month of spiritual renewal, growth, and deeper connection with God and one another. Let's embrace each day with a heart full of gratitude and a spirit ready to serve.

Yours in Christ,

Pastor Domingos Francisco Fernando

**Blue underlined text is a link to
SAFE websites / forms. Click & explore!**

**“I sought the Lord, and He delivered me, and delivered me from all my fears.”
Psalm 34:4**



Ongoing Prayer Needs

All those affected by violence & war, and for peace between world governments	Gary Leranian (Madeline Deane)
Russell & Bethany Alexander	Eleanor Luther
Bob Arrants	Janice MacBride
Joe Bradford	Susan Markow (John Jones)
Brooke & Natalie (Maggie McCans)	Mary (Gina Dukes)
Jim Chambers (Sally Vickers)	Liz Murray (Lynn Seidel)
Jerry Chreiman	Rev. Bill Neff
Michael Fletcher (Lynn Seidel)	Donna Riegel
Bill Gibbs	Ruth Schenkenberger
Joan Glisson (Anna Glisson)	Sandra Shanahan
Tommy Glisson	Bernie, Bobbie & Katie Shimkus (Laura Welch)
Eugene Holt (John Venafr)	Sue (Mary Thompson)
Marla Hsu (Anna Glisson)	Michael Tate
John & Terri Jones	Jacob Tercha (Bobbi Blum)
Miriam Martin	Joan Touhill (Lynn Seidel)
Carol Luther Lauria (Sally Vickers)	Toya (Gina Dukes)
	Tina Kadri (Judy Arrants)
	Robin Kim
	Jamie King (Lynda Stine)

If you have requested a Loved One be added to the On-Going Prayer list, please inform the church of any updates.

Current Prayer Needs

Diane	Kim
Ben Schaefer	Kyle Schaefer
Bonnie Wadsworth	Lilly
Dale Beckett neighbor	Pat Dale Stephanie Charlie
Dee Rouse	Paul Beckett
Delano Anderson	Philip Mabee
Delaware County Men's Fellowship	Richard Wilkinson
exton area postal service	Tina
Jim McKay	Tristan Foreacre
Jim Stevenson	Xavier Bradley

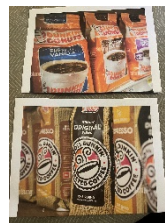
Residing in Retirement Care & Nursing Homes



Ryan Buchanan	2
Natalie McClay	4
Terri Jones	7
Donna Riegel	8
Jeremiah Anderson	13
Jonathon Evans	14
Ashley Gibbs	14
Justin Eckert	15
Bill Shanahan	15
Charlene Schaefer	17
Bob Arrants	31



LITTLE BLESSINGS NEW PROGRAM! / TerraCycle.com



Save these Entenmann labels (bags) and Dunkin coffee bags send them into school.



We'll receive \$\$\$ back, and we're helping the earth!!! ~
Thank you



What would you like to see happen for our church anniversary?
Leave your comments in suggestion box or email us!
We'll be sure to take into consideration!

PARENTS' CORNER

Kids, Parents & Technology: Ice Cream to iPads



[DiscipleLand Staff](#) June 7, 2012 [Children's Ministry Curriculum](#), [Children's Ministry Resources](#), [Discipleship](#) [2 Comments](#)

It's hard to believe that school's out and summer's here. Parents know that summer means a packed planner filled with everything from vacations to VBS. In many homes, both parents work, and as time gets stretched, parents and children may talk less frequently and fall back on timesavers, like notes or text messages.

In days past, children spent their days climbing trees, running around the neighborhood, and riding bicycles. Today—not so much. Twenty-first century kids are wired. They have never known a world without cell phones, Internet access, texting, and video games. Spending an average of 53 hours a week with media and technology, this generation spends more time in front of screens than any other single activity including school, family, sports, or even sleep!

What's more, as Facebook considers giving children younger than 13 years old access to their platform, and with the temptation of this and other social networking sites where the goal is to acquire as many "friends" as possible and to be "socially accepted", today's kids need parental oversight more than ever to help them use the Internet safely.

When it comes to your child's safety in the virtual world, parents should not rely on one strategy alone. According to a study in the *Journal of Adolescent Health*, children know how to get around home and school filters to access many digital platforms. These kids are tech-savvy! Experts recommend parents use multiple strategies to keep kids safe in the virtual world. Marci Hertz, a health scientist at the *Centers for Disease Control and Prevention* (CDC) writes, "Unfortunately, prohibiting access to technology or sole reliance upon blocking or filtering software are often not enough to prevent electronic aggression." She continues, "Kids are savvy and can get around filters and blocking software. Just like putting a seatbelt on before starting the car, there are some fundamental strategies parents should observe to make sure use of electronic technology is a safe

experience." The following tips will help parents keep kids safe online.

Do you know what children are doing online? Take this Survey: <https://www.surveymonkey.com/s/C9NF7HG>

12 Net Tips: Share With Parents – Free Download Below

1. Pray and then talk with your child. Just as parents ask their children where they are going and who they are going with whenever they leave the house, parents should take the same approach when their children go on the Internet—where are they going and who are they with?

2. Biblical foundation. Using Philippians 4:8, help your child realize that what they see and hear will greatly influence attitudes and behaviors. "Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things" (Philippians 4:8).

3. Develop an action plan. Together with your child, develop rules about acceptable and safe behaviors for all electronic media.

4. Talk with others. Discuss with other parents and church teachers how they have approached technology use with their children.

5. Privacy. Never give your full name, address, telephone number, social security number, or other personal identification information to anyone or any organization online, unless first approved by you.

6. Educate yourself. Stay informed about the new devices and websites your child is using. Continually talk with your child and explore the technology yourself.

7. Keep your computer in an open area. If your computer is in a high-traffic area, you will be able to easily monitor Internet activity. Not only does this accessibility deter a child from doing something they are not allowed to do, it also gives you the opportunity to intervene if you notice a behavior that could have negative consequences.

8. Monitor activity. Be aware of what your child is doing on the computer, including which websites they are visiting. If they are using email, instant messaging, or chat rooms, stay abreast of who they are corresponding with and whether they actually know them.

9. Control the environment. Many browsers and platforms feature parental controls that help parents monitor what kids can access on a computer – even when they're not in the room or at home. Parents can select what games, programs and websites children can access.

10. Meeting online friends in person. Tell your kids that they should never meet online friends in person – people aren't always who they say they are.

11. Virtual reality. Teach your kids that not everything they read or see online is true. Encourage them to ask you if they're not sure.

12. Limit Internet time. Homework and school research is one thing, but it's been shown that children who spend more than an hour and a half of free time online daily are more at risk of coming in contact with an online predator.

Free Resource: [click HERE](#) to immediately receive this FREE tool you can send to your Parents and share with your team.

[Kaiser Family Foundation Report](#). Jan 20, 2010
Reprinted with permission from Discipleland – Discipleblog.com. No content may be reprinted without express permission from Discipleland

✚✚✚



Light refreshments served
Event is 100% FREE!

Vacation Bible School – 2024

Dates: **July 29th to August 2nd**

Time: **9:00am – 11:30 am**

Theme:

“The Great

Jungle Journey”

Ages: **4 years - 6th grade**



VBS is a FREE Ministry!!

Please register by July 10:

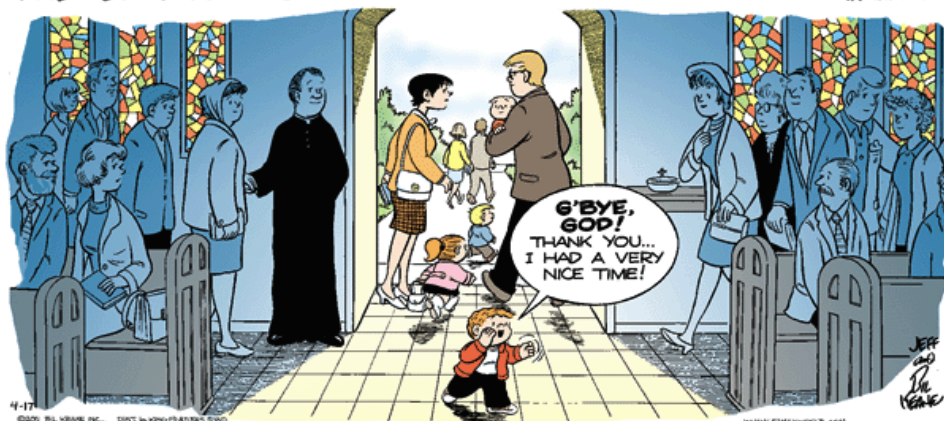
fill out the [form](#) and return it to the church office or
call Carol Hammes at 610-566-3336 or email
cchammes12@comcast.net

Schedule

Date	Liturgist	Joys	Ushers	
7-Jul	Lyn Seidel	Sally	Kurt S	Bill S
14-Jul	Jeremiah A.	Bill S	Bill F	Lynda S
21-Jul	Delano	Anna	Bob G	Jim V
28-Jul	Lynn Crump	Sally	Tom G	Lynda S

There will be **No Adult or Children's Bible Classes** during **June, July or August**. Cornerstone Bible Class, Little Sprouts and Bible Bunch classes will resume September 15, 2024. ~ Commission on ED

THE FAMILY CIRCUS®



Fourth of July

WORD SEARCH

C A G F D P S J F R E E D O M
R E V O L U T I O N L W L S X
O V B I S T A T E S I V T J Y
E F U D N X Z Z B W B C G U W
F O L N H D Q I W A E I F L G
E I H A I P E Q V R R L N Y V
A C R N G T A P H A T F L A G
M C J E B O E T E N Y Z Y S J
E S X P W S D D R N K R M B V
R U U I E O T R S I D A Q N G
I M G C V E R A O T O E K U T
C M J N W M C K R T A T N P N
A E G I W I Y R S S M T I C A
C R H C K J P A R A D E E C E
E H D Q G A X U N B V C G S I

United States
Liberty
States
Parade

Independence
America
Stars
Flag

Revolution
Freedom
Flag
Summer

Fireworks
Picnic
Patriotic
July

JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Pastor's Day Off	2	3 7:30pm N.A.	4 U.S. INDEPENDENCE DAY 7:00pm Nar-Anon	5 6:00pm Youth Group 10:00pm N.A.	6
7 Holy Communion 10:00am Worship	8 Pastor's Day Off	9	10 7:30pm N.A.	11 7:00pm Nar-Anon	12 6:00pm Youth Group 10:00pm N.A.	13
14 Newsletter Deadline 10:00am Worship	15 Pastor's Day Off 1:00pm Handy Hands	16	17 7:30pm N.A.	18 7:00pm Nar-Anon	19 6:00pm Youth Group 10:00pm N.A.	20
21 10:00am Worship	22 Pastor's Day Off	23	24 7:30pm N.A.	25 7:00pm Nar-Anon	26 6:00pm Youth Group 10:00pm N.A.	27
28 10:00am Worship	29 Pastor's Day Off 9:00am Vacation Bible School	30 9:00am Vacation Bible School	31 9:00am Vacation Bible School 7:30pm N.A.	1 9:00am Vacation Bible School 7:00pm Nar-Anon	2 9:00am Vacation Bible School 6:00pm Youth Group 10:00pm N.A.	3